

## Criteria for Referrals

Individuals who are referred and appear to meet the criteria are offered the opportunity to attend an initial appointment with a referral coordinator to discuss whether the service is appropriate for their needs and to identify their personal outcomes/goals.

If it is unclear whether a referral meets our criteria the referral coordinator may take advice from a member of our Management Committee who is a mental health professional.

CRITERIA FOR CENTRES: Harrow Lodge House, Rainham and Albemarle

- Residents of the London Borough of Havering who are aged 18-65\* and have been diagnosed with a functional mental health condition.
- We accept referrals from mental health professionals and GPs
- Referrals should be made on a Havering Mind Referral form and carry
  1. referrer's name, contact address and phone number
  2. a risk assessment where available
  3. CPA level where applicable

\* In exceptional circumstances referrals may be accepted for 16-18 year olds. Clients over the age of sixty five may choose to be referred to our over 65 service (Doves)

NB: please contact the Referral coordinator before a formal referral is made if the client has:

### A Dual Diagnosis Alcohol/Drug

- Ideally clients should be supported by Alcohol or Drug Advisory Service as well as maintaining contact with mental health services.

### Learning Disability

- Only clients with a Borderline Learning Disability will be considered
- If accepted individuals may only be able to participate in activities at Harrow Lodge House where there are more facilities.

### Dementia/Alzheimer's Disease

- Havering Mind is unable to accept referrals for clients with this condition.

## CRITERIA FOR DOVES

- Residents of the London Borough of Havering who are aged 65+ and have been diagnosed with a functional mental health condition.
- We accept referrals from mental health professionals and GPs
- Referrals should be made on a Havering Mind Referral form and carry
  1. referrer's name, contact address and phone number
  2. a risk assessment where available
  3. CPA level

## CRITERIA FOR BEFRIENDING SCHEME

- Residents of the London Borough of Havering who are aged 18-65\*\* and have been diagnosed with a functional mental health condition.
- We accept referrals from mental health professionals and GPs
- Referrals should be made on a Havering Mind Referral form and carry
  1. referrer's name, contact address and phone number
  2. a risk assessment is essential
  3. CPA level
- Preference is given to clients who are isolated and not attending other services
- Dual diagnosis of alcohol/drugs not accepted

\*\* In exceptional circumstances referrals may be accepted for clients aged 16-18

## CRITERIA FOR CHILD AND ADOLESCENT MENTORING SCHEME-CAMS

- The scheme is aimed at any young child or young person living in the London Borough of Havering between the ages of 10 and 18 who may be considered to be:
  - Tier 1 - Young people facing difficulties with normal life problems such as bereavement or loss, bullying, parents/carers separation, behavior management or sleep problems etc. or
  - Tier 2 - Young people with emotional or mental health issues that cannot be managed at Tier one but who do not require the multidisciplinary services of Tier 3 or 4 e.g. emotional disturbance, anxiety/low self esteem, attachment/relationship difficulties, moderate behavioural problems or psychosis.
- Referrals should be made by the appropriate agencies on the referral form. Please include all services involved and all the telephone numbers.
- A current Risk Assessment must be attached to the referral form, together with any other relevant information regarding the young person.
- Once a referral is received, an assessment will be carried out to ascertain whether the child or young person needs and wants the service. The child or young person is then placed on to a waiting list until a suitable mentor is found. Meanwhile, the child or young person is asked to attend activities once a month, if able, but must be dropped off and collected by their parent or guardian, until a mentor becomes available.

- We ask all referring agencies to let us know if their case closes, as we will need to link with another agency, e.g. a school, to make progress with that child or young person.

#### CRITERIA FOR CARERS' SUPPORT SCHEME

- Residents of the London Borough of Havering, regardless of age, who are caring for a person with a mental health condition.
- Individuals can self refer to this project
- The scheme aims to provide a flexible service which will benefit both Carer and client, by providing the Carer with support, information and social contact

#### CRITERIA FOR YOUNG CARERS

This project is run in partnership with Barnardo's and Havering Children's Services

- Residents of the London Borough of Havering aged 10-18 who are caring for a person with a physical or mental health condition
- Referrals should be made on a Havering Mind Referral form and carry
  1. referrer's name, contact address and phone number
  2. a risk assessment where applicable
  3. any other relevant information regarding the young person
- Referrals are accepted from mental health professionals, Havering Direct, Adults and Children's Services

Thank you for contacting Havering Mind.