

**HAVERING MIND**  
Harrow Lodge House, Hornchurch Road, Hornchurch Essex RM11 1JU  
Telephone: 01708 457040 Fax: 01708 457141  
Email: reach.us@haveringmind.org.uk

## Referral Form

Note: Harrow Lodge House is wheelchair accessible to ground floor only

- |   |   |
|---|---|
| <input type="checkbox"/> Community Navigator Service 1:1<br>Volunteer Support | <input type="checkbox"/> Gateway Mental Health Advice and<br>Guidance Session |
| <input type="checkbox"/> Older Adult Supported Peer Group                     | <input type="checkbox"/> 18 - 30's Programme                                  |
| <input type="checkbox"/> Live a Better Life (Health & Wellbeing)              |   |

**We accept Self-Referrals (Additional information may be required)**

### Applicant's Personal Details:

Forename:.....Surname:.....Mr/Mrs/Ms/Miss  
Address:.....  
.....Post Code:.....  
Home Phone No:.....Mobile:.....  
Email:.....  
Marital Status:..... Position in Family:.....Number of Dependants:.....  
Date of Birth:.....Age:.....Place of Birth:.....  
Gender: Male ☐ Female ☐ Other ☐ Please Specify.....  
Accommodation Status:.....Caring for someone **YES/NO**  
Employment Status at time of Record Creation: In Training / Education ☐ Paid Employment ☐  
Volunteering ☐ None of the Above ☐  
Nationality:.....Primary Language:.....  
Interpreter Required:.....Communication Restrictions:.....  
Refugee Status: Yes ☐ No ☐ Disability: Yes ☐ No ☐  
Disability: (Please specify) .....  
CPA Yes ☐ (If yes, please attach risk assessment) No ☐  
Are you receiving support from Mental Health Services? (Please Specify)  
.....  
Diagnosis/Presenting Symptoms.....  
.....  
Are you taking prescribed Mental Health medication? Yes ☐ No ☐  
Please give details of **ALL** medication here:

Physical/Learning Disabilities.....  
**Next of Kin** Name..... Relationship.....  
Address.....  
.....  
Post Code.....Tel No..... Mobile .....  
Email.....  
Permission to contact this person in case of crisis/emergency Yes ☐ No ☐

|   |             |                                      |             |
|---|-------------|--------------------------------------|-------------|
| If <b>'No'</b> who else would you like contacted: .....   |             |                                      |             |
| Any other action required in case of crisis/emergency? .....<br>.....<br>.....  |             |                                      |             |
| <b>Applicant's Ethnic Origin</b> <i>Required</i>  |             |                                      |             |
| <b><u>White</u></b>   | Please Tick | <b><u>Mixed</u></b>                  | Please Tick |
| British   |             | White / Black Caribbean              |             |
| Irish   |             | White / Black Africa                 |             |
| Any other White background  |             | White Asian                          |             |
| <b><u>Black / Black British</u></b>   |             | Any other mixed background           |             |
| Caribbean   |             | <b><u>Other Ethnic Groups</u></b>    |             |
| African   |             | Chinese                              |             |
| Any other Black background  |             |                                      |             |
| <b><u>Asian or Asian British</u></b>  |             | <b><u>Any other ethnic group</u></b> |             |
| Indian  |             |                                      |             |
| Pakistani   |             | Not stated                           |             |
| Any other mixed background  |             |                                      |             |
| <b>Sexual orientation</b> (Please tick box)   |             |                                      |             |
| Heterosexual  |             | Gay                                  |             |
| Other please state  |             | Would rather not say                 |             |
| <b>Religion or Belief</b> (Please tick box)   |             |                                      |             |
| No religion   |             | Jewish                               |             |
| Christian   |             | Muslim                               |             |
| Buddhist  |             | Sikh                                 |             |
| Hindu   |             | Other Religion                       |             |
| Please state issues you would like help with:<br><br><br>   |             |                                      |             |
| How long have you had this problem (e.g. weeks, months, years)?<br><br>   |             |                                      |             |
| Are you receiving help from any Mental Health Service? Yes <input type="checkbox"/> No <input type="checkbox"/>                         |             |                                      |             |
| If <b>YES</b> , please state which service is supporting you<br><br><br>  |             |                                      |             |
| Do you have any on-going physical health problems? Please specify<br><br><br>   |             |                                      |             |
| Have you received, or are you currently receiving, treatment for this problem? Yes <input type="checkbox"/> No <input type="checkbox"/> |             |                                      |             |
| If <b>YES</b> , please give details (e.g. what, when and for how long)<br><br><br>  |             |                                      |             |
| Are you currently taking any medication Yes <input type="checkbox"/> No <input type="checkbox"/>  |             |                                      |             |

|                                     |
|-------------------------------------|
| If <b>YES</b> , please give details |
|                                     |

Are there any issues with alcohol or recreational drugs?

|                                 |  |
|---------------------------------|--|
| Alcohol: <b>Please tick box</b> | Yes <input type="checkbox"/> No <input type="checkbox"/> |
|---------------------------------|--|

|                               |  |
|-------------------------------|--|
| Drugs: <b>Please tick box</b> | Yes <input type="checkbox"/> No <input type="checkbox"/> |
|-------------------------------|--|

|                                 |  |
|---------------------------------|--|
| If <b>YES</b> , please specify: |  |
|---------------------------------|--|

What outcomes would you like to see through using our services?  
Please give specific examples.....  
.....  
.....  
.....  
.....

**Risk Assessments:** *Please attach if available*

1. Essential for Community Navigator Service
2. Essential for clients on enhanced CPA

**Do you currently feel you are a risk to yourself:** Yes/No

**Do you currently feel you are a risk to others** Yes/No

**Do you currently feel at risk from others** Yes/No

**Forensic History:** Yes/No

If Yes to any of the above, please specify:

**Are your family or friends concerned about any of your behaviours** Yes ☐ No ☐

If Yes, please give details:

[illegible]

|   |  |                                      |  |  |  |
|---|--|--------------------------------------|--|--|--|
| <b>Type of Referral</b>   |  | <b>Self</b> <input type="checkbox"/> |  | <b>Agency</b> <input type="checkbox"/> |  |
| Name .....  |  | Tel No.....                          |  |  |  |
| Position.....   |  | Email .....                          |  |  |  |
| Referring Agency.....   |  | Team.....                            |  |  |  |
| Address.....  |  | Post Code.....                       |  |  |  |
| Date of Referral.....   |  |                                      |  |  |  |
| Other Agencies involved.....  |  |                                      |  |  |  |
| <b>GP's Name (required)</b> .....   |  | Tel No.....                          |  |  |  |
| Address.....  |  | Post Code.....                       |  |  |  |
| <b>Is there a known carer? Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/>                        |  |                                      |  |  |  |
| <b>Name</b> .....<br><b>Contact Detail</b> .....  |  |                                      |  |  |  |
| <b>Permission to contact carer</b> Please Tick <b>No</b> <input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> |  |                                      |  |  |  |
| How/where did you hear about Havering Mind ?.....<br>.....  |  |                                      |  |  |  |

Thank you for taking the time to complete the referral form you now need to post or email to:

[reach.us@haveringmind.org.uk](mailto:reach.us@haveringmind.org.uk)

Please note that unless you are sending the email from an encrypted system, this method of communication may not be secure. If you have any concerns about emailing it back to us, please post to the address below.

Havering Mind  
 Harrow Lodge House  
 Hornchurch Road  
 Hornchurch Essex RM11 1JU

Telephone: 01708 457040  
 Fax: 01708 457141

**What happens next? – A member of our team will contact you in order to arrange an appointment to take place as soon as possible**

**Please note: Our service is not able to provide immediate support in an emergency. If you require immediate urgent help, please contact the NELFT 24 hour helpline: 0300 555 1000**

**CONSENT (MUST BE COMPLETED TO PREVENT A DELAY IN YOUR APPLICATION)**

Consent to Receive Further Communications **YES** ☐ **NO** ☐

Communication Preferences Mail ☐ Email ☐ Telephone ☐ Text ☐

Informed Consent to Participate **YES** ☐ **NO** ☐

***I agree to information sharing with other agencies in relation to the processing of this referral where required***

**Please view our privacy statement on our website: [www.haveringmind.org.uk](http://www.haveringmind.org.uk) for further information**

All communications with Havering Mind are protected by the Freedom of Information Act 2000

**Applicant's Signature:**

**Date:**

**Referrer's Signature:**

**Date:**

**Referrer PRINT FULL NAME:**